

love. eat. drink. smile. foodlab.

OPEN DAILY: 8am to 4 pm SATURDAY: until 2pm SUNDAY: zzzzzzzzzzzzzz

\*no substitutions

**yellow:** banana, pineapple, mango, lemon, papaya, and macadamia 9

served open faced, heirloom cherry tomato, chili peppers, olive oil, sea salt & sprouts on multi grain                      add a sunny side egg on top 3

panko fried chicken cutlet w/ lingonberry chutney, market greens  
& aioli on ciabatta

<b>the turkey lab (*or have it the same way with grilled chicken)</b>	13
Oven roasted turkey breast, heirloom tomato, fresh avocado, sprouts, pickled onion, black bean mash on ciabatta	add bacon 3.5
<b>the turkey brie</b>	13
oven roasted turkey breast, french brie, organic pear, honey & fig compote on ciabatta	
<b>the chicken curry</b>	12
variety of three curry spiced chicken salad & lingonberry chutney on baguette	
<b>the bratwurst</b>	13
traditional grilled german bratwurst, sweet and spicy mustard, pickled onion, tomato & parsley salsa & fresh cabbage	
<b>the smoked salmon</b>	16
smoked norwegian salmon, persian cucumbers, pickled turnips, pickled onion & french goat cheese on baguette	
<b>the tuna salad</b>	11.5
Albacore tuna salad w. green apple, olive tapenade on ciabatta	

## salads & platters

<b>the vegan</b>	13
market greens, heirloom cherry tomato, edamame, artichoke, hearts of palm, green beans, toasted quinoa and chia, dried figs w. lemon vinaigrette	add smoked salmon 6.5
<b>the chicken cobb</b>	15
grilled chicken breast, bacon, sliced avocado, hard boiled egg, gorgonzola, heirloom cherry tomato on market greens w. Lemon vinaigrette	substitute turkey breast 2.5
<b>the salmon quinoa bowl</b>	18.5
grilled salmon filet, quinoa, wild arugula and kale mix, avocado, heirloom tomato, snap peas & lemon drizzled with olive oil and crispy chia	substitute grilled chicken 15

<b>the kale caesar</b>	14.5
shredded kale, toasted quinoa, grilled chicken breast, homemade croutons, shaved parmesan w. classic caesar dressing	
<b>the asian chicken</b>	14.5
asian marinated chicken breast, wild arugula, dried fig, edamame, and pistachio w. house dressing	
<b>the schnitzel</b>	14.5
panko fried chicken cutlet, wild arugula, boiled potato, cucumber salad, dill, lemon wedge w. lemon vinaigrette and side of lingonberry chutney	
<b>the niçoise</b>	14
albacore tuna salad, market greens, boiled potato, green beans, hard boiled egg, olives w/ lemon vinaigrette	
<b>caprese platter:</b>	14
sliced heirloom tomato, fresh mozzarella, basil pesto & greek olive oil	
<b>mediterranean platter</b>	16
grape leafs, falafel, olives, hummus, pickled turnip and onions, tahini & pita chips	
<b>charcuterie / cheese platter</b>	17.5
austrian speck, Italian cacciatore hard salami, aged swiss gruyere french brie w. nuts, dried fruit and crisp bread	
<b>side salad foursome</b>	20
cucumber salad, kale salad, tomato salad and spinach pesto pasta	

## beverages.

fresh cold brew by la colombe	5
house coffee by la colombe	4
premium iced matcha green tea latte	5.5
soda ( coke / diet coke / sprite )	2
homemade lemonade	4
fresh mint lemonade	4.5
blueberry lemonade	5
arnold palmer.	3.75
Fresh iced-t (black / green / mint)	3.75
topo chico	3.5
bottled water	3

## soups, sides & sweets.

cup of homemade chunky tomato soup	5
bowl of homemade chunky tomato soup	9
Single side salads	cup 6 / bowl 12
cup of tuna or chicken curry salad	6
bowl of tuna or chicken curry salad	10
Rusty's Chips (Salt)	3.5
Dirty Chips (ask for flavors)	3
very crunchy chocolate chip cookie(s)	3
off the farm bar	5

## catering.

### boxed meals

in an effort to make catering for groups attainable and yet provide ways for social distancing we have enhanced our classic lunch box and given you more variety for safe, individual meals. Includes eat ware and has been packed safely.

Minimum 5 boxes per kind

#### breakfast box

fresh croissant, butter, strawberry jam, fruit bowl, strauss yogurt, granola, off the farm bar, orange juice, cold brew coffee w fixings  
22

#### brunch box

smoked salmon slices, cream cheese, sliced avocado, pickled turnips, one hard boiled egg, crisp bread, fruit bowl, orange juice, cold brew coffee w fixings  
30 add everything bagel 2

#### lunch box

sandwich of choice, mini vegan salad, choice of side salad, water, crispy cookies, stick of gum and bio eat ware. (salmon sandwich extra 4)  
24.5

#### dinner box

choice of homemade beef bolognese or rustic pancetta sauce, cooked pasta, fresh parmesan, mini vegan salad, caprese platter and crispy cookies.  
32.5

#### picnic box

charcuterie / cheese platter, caprese platter, crisp bread, very crunchy chocolate chip cookie(s), bottled water, cup of fruit  
37.5

#### healthy box

mediterranean platter, side of tomato salad, grilled salmon quinoa bowl, sliced avocado and crisp bread  
34